



## Sound Healing Practitioner - Tibetan Singing Bowls Training Course



### Level One Practitioner Training

Course Objective: To understand the core principles of Sound Healing and Meditation, get the experience of practicing Sound Healing Meditations and learn to apply the knowledge to conduct Sound healing sessions one on one. Learn how to lead Tibetan Sound Bowls Therapy, Chakra Healing With Tibetan Singing Bowls and mantra sound healing private sessions.

Join us to become an inspiring, trusted and effective Sound Healer, Tibetan Singing Bowl Practitioner, Sound Healer or a spiritual guide to healing the world on the physical, mental, emotional and spiritual level.

Melodys Sound Healing offers Tibetan Singing Bowls and Sound Healing Practitioner Training Course, artfully structured in a way that during the training program you will learn and practice the Tibetan Sound Meditation techniques from different cultures and will understand the principles of Sound Healing and meditation sessions.

### Who Can Join This Tibetan Singing Bowls Therapy – Sound Healing Teacher Training Program

- You are a yoga meditation teacher, tarot reader, Reiki energy healers, alternative therapist, professional, life coach, social worker or a person who wants to perform better in the field you're already working?
- Are you looking for a more passionate, meaningful and engaging life?
- Are you committed to heal and serve others as a guide?
- You are interested in spiritual practice and natural alternative healing methods which opposed to western medicine.
- You are looking forward to healing and transforming your life.
- You have a serious interest in learning and practicing sound healing and have a strong feeling towards sharing your ... wisdom & experience with other spiritual seekers to heal them.
- You are prepared to commit wholeheartedly to wake your inner healer.
- You are ready for life transforming and challenging experience to be improved on physical, mental-emotional level.
- You are willing to work hard and earn the title of a sound healer with courage, honesty, and integrity.
- You are determined to dedicate 100% of your efforts to self-growth and helping others.
- You are eager to learn from Melody who is an experienced international Sound healing master as well as share your ... wisdom and insights for a cure and heal others.

For more info. to check availability & to book please contact Melody on  
 Email: [melodyshealing@bigpond.com](mailto:melodyshealing@bigpond.com) ... or phone Melody on 0418776229

## What you will learn in this Tibetan Singing Bowls Therapy – Sound Healing Teacher Training Program

- You will learn the fundamentals of Tibetan sound healing, vibrational sound healing, types & history of Tibetan singing bowls and also the background & importance of Tibetan Singing Bowls in the field of sound healing therapy.
- You will learn how to play the various types of Tibetan singing bowls and how the different types of bowls have different benefits on the mind, body and spirit.
- You will learn the different techniques for giving sound & vibration healing with the Tibetan singing bowls. (For example – striking, rubbing, rotating half moon, full moon, creating gaps between each sound, singing with singing bowls and using water with singing bowls).
- You will learn how to create sounds & vibration in each of the Seven Chakras using the Tibetan Singing Bowls
- You will learn how to give a Full Body Therapeutic Sound Bath Healing Session with just a few bowls or with all seven chakra Tibetan singing bowls.
- You will learn how to give 2-hour sessions of sound & vibration healing, using various techniques such as body contact and sound baths.
- You will learn how to work with both small and large groups making them more relaxed and receptive by combining sound healing meditation techniques in order to lead them into Group Sound Healing Concert.
- You will learn how to combine Tibetan singing bowl healing therapy with Yoga Pranamaya, Meditation and other alternative healing modalities.
- Learn the foundations for giving a session.
- Learn traditional sound healing techniques in order to determine the most effective duration of your sessions.
- You will learn how to overcome various obstacles and distractions about sound healing sessions.
- You will learn how to combine mantra sound Meditations with Tibetan Singing Bowls to give deep therapeutic healing sessions.
- You will learn how to direct more attention for healing a specific body part in order to work with clients on an energetic level, targeting specific chakras.
- You will learn how to Improve your communication skills and intuition to become an insightful sound healer in order to guide spiritual seekers on their way to health and well-being.

## What you will gain after completing Sound Healing Training

- A certificate of completion that acknowledges your commitment, skill and qualification to teach Tibetan Singing Bowls Therapy – Sound Healing meditation sessions.
- Gain knowledge and experience in guiding group and private sound healing meditation sessions.
- Get a deeper understanding and acceptance of yourself and a chance to change the direction of your personal life.
- The experience of different sound healing meditation techniques and understanding of their application.
- Achieve personal well-being, clarity, positive attitude and peace of mind.
- Increase self-confidence, inner creativity, and an entrepreneurial spirit.
- An understanding of the fundamental principles of sound healing meditation practices.
- You will be able to lead Tibetan Sound Bowls Therapy, Chakra Healing With Tibetan Singing Bowls and mantra sound healing private sessions.

On each day of this practical, hands-on workshop course there will be some gentle warm-up exercises and a sound bath meditation. You will have the opportunity to practice the techniques taught in the workshop

Requirements: To receive a certificate all the students are required to attend 100% of theory and practical sessions and to pass practical and theoretical exams to ensure the training material has been mastered.

Prerequisites: Tibetan Singing Bowls Foundation Course

Course duration: 3 days.

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Accreditation: International Academy of Sacred Sound Healing. Certificate issuer recognized: Internationally.

Course Fee: Level 1 Foundation Certificate in Sound Therapy

3 Days - \$695 (Early Bird) or \$750 after 20th December, 2018

Workshop Dates: 3 days - 18th, 19th & 20th January 2019

With Melody Bass - International Sound Healer Teacher/Trainer

Venue: Burleigh Waters, Gold Coast, Queensland, Australia

Limited Seat Available – send us an email to check availability for upcoming training – [melodyshealing@bigpond.com](mailto:melodyshealing@bigpond.com)

... or phone Melody on 0418776229